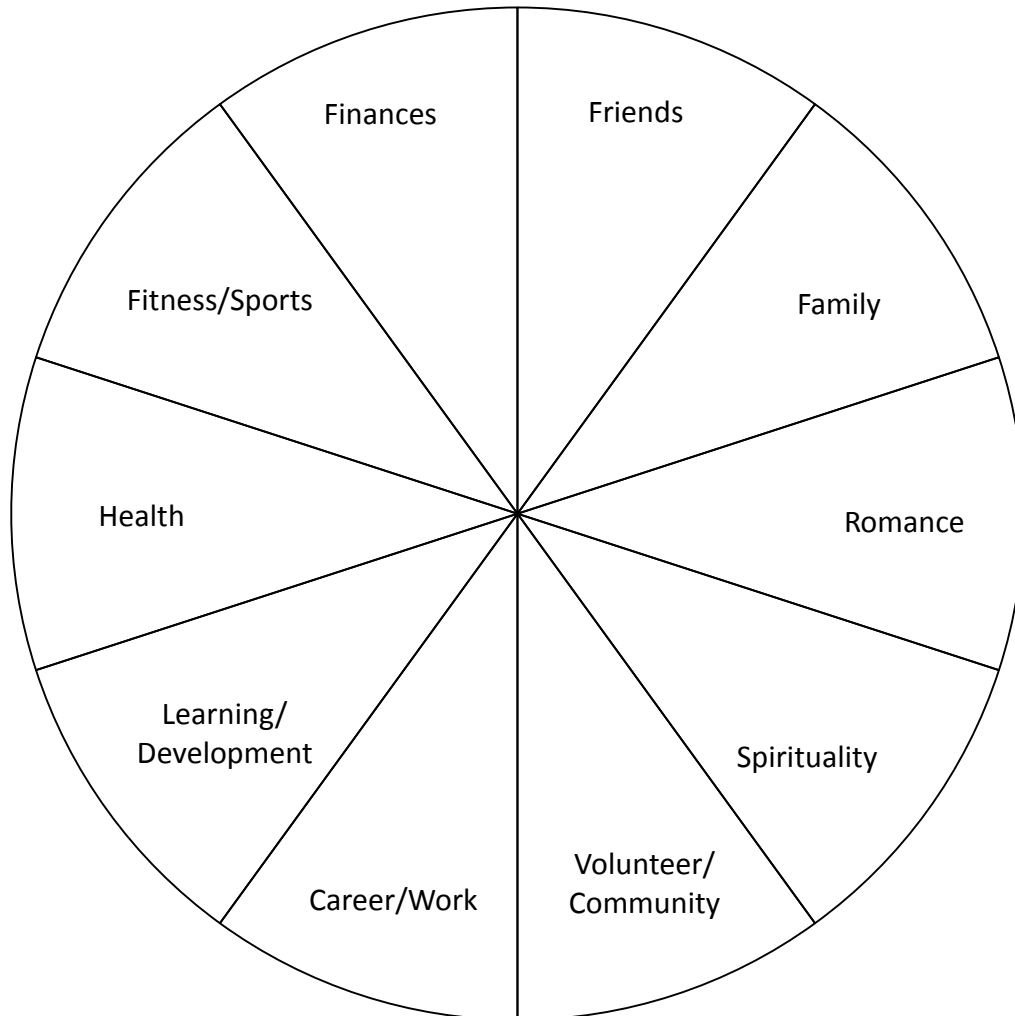


## WHEEL OF LIFE



This wheel represents your life. On a scale of 0-10, where the center of the wheel is zero and the outer edge is 10, indicate your level of satisfaction in each area of your life by shading in that section of the wheel. (i.e. If you're fully satisfied, shade the entire section; if you rate that area of your life at a 5, start at the center and shade halfway to the edge.) Once you've finished shading, take a look at the shape of your Wheel of Life. Is it full and smooth, or shrunken and jagged? This wheel is the vehicle you are using to travel your path... how bumpy is your ride?

Margaret Page